

# Free Trial

This Certificate is good for one (1)  
scheduled trial workout at  
**Summit Hill**  
★ ★ ★ ★ ★  
athletic club

This certificate includes the use of the cardiovascular equipment, freeweights, aerobic classes, a guided workout with a fitness trainer, or use of the swimming pool and sauna.

To use this certificate the bearer must call (518) 943-4892 to make an appointment. This certificate is NOT valid without an appointment.

No purchase necessary. Limit one certificate per person per calendar year. Must be 16 years or older to participate. Must be a resident of Albany, Columbia, Greene, or Ulster County, New York to participate in this offer. Summit Hill Athletic Club urges all individuals to obtain a physical examination prior to use of any exercise equipment or attendance in any exercise class. In recognition of the possible dangers associated with any physical activity, each individual hereby knowingly and voluntarily waives any right of cause of action of any kind whatsoever arising as a result of such activity from which any liability may or could accrue to Summit Hill Athletic Club, Inc., it's officers, agents, employees, or instructors.

# Workout Certificate